



HMT HOSPITALS | ST HUGHS

 ST HUGH'S
HMT HOSPITAL

CONSULTANT DIRECTORY

2025



Welcome

It is with great pleasure that I extend a warm welcome to you to explore our consultant directory. At St Hugh's Hospital, we take pride in offering a diverse team of consultants who are dedicated to delivering personalised care of the highest standard to our patients.

As the Hospital Director, I am honoured to lead a team that is driven by compassion and expertise. Our consultants are leaders in their fields, bringing years of experience and a commitment to excellence to every patient interaction.

In this directory, you will find the names of each of our consultants and their areas of expertise.



Liz Oke

Hospital Director, HMT St Hugh's Hospital

How to refer your patient

To refer your patient, please send a referral letter to our team at the contact details provided below. Once received the team will be in touch to book an appointment.

Patients may also call us to schedule an appointment. Please note, some consultants will need a referral letter before we can book.

Get in touch with us:



Telephone

01472 251 100



Postal address for referral letters:

HMT St Hugh's Hospital, Peaks Lane, Grimsby, North East Lincolnshire, DN32 9RP



Email referrals to -

GP practice enquiries - shh-gpliaison@hmt-uk.org

About St Hugh's Hospital

HMT St Hugh's Hospital has been providing affordable healthcare to the community in Grimsby since 1985. Our mission is to provide quality services and care in order to improve the health, wellbeing and independence of local patients. Though we offer private healthcare services, we are committed to being a part of the health community, doing so by working with the NHS to ensure all communities have access to excellent quality, modern healthcare services.

We pride ourselves on providing patient-centred care that you can trust and offer value for money for our patients

St Hugh's Hospital offers treatment across all major medical specialties and care at every step of the process, from initial consultations, assessments and diagnostic tests to treatment, rehabilitations and post-operative care.



Accessing treatment

Private Medical Insurance

If your patient plans to use private medical insurance to pay for their treatment, we recommend that they contact their insurance provider before booking a consultation. This will allow them to obtain pre-authorisation for their treatment and avoid any unexpected costs. When registering for an outpatient appointment, the patient will be asked to provide their insurance details and an authorisation reference. While some insurance providers may allow patients to self-refer for certain specialties, most require a referral from their GP before approving the treatment.

For more information, email: info@hmtsthughes.org

Self-Paying Patients

We offer admissions and treatments to patients who do not have private medical insurance, and they can pay for the services themselves. However, they will need a GP referral for some specialities. Our bookings team can provide pricing estimates for specific procedures, and we always strive to be transparent and supportive throughout the patient's journey with us.

For more information, email: info@hmtsthughes.org

Finance Options

When covering the expenses of treatments, some may find it beneficial to explore the option of financing to ease the financial burden. Chrysalis Finance provides a variety of payment options customised to suit individual requirements. Patients can find out more about this here:([LINK](#))

For more information, email: info@hmtsthughes.org

Treatments at St Hugh's Hospital

At St Hugh's Hospital, we provide a range of medical treatments and personalised health services. We guide our patients through every step of their journey, from the initial consultation and diagnostic tests to the treatment, post-operative care, and rehabilitation.

The treatments we can offer:



CARDIOLOGY



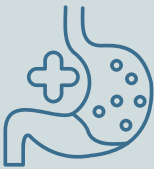
COSMETICS



ENT



DIAGNOSTICS



GASTROENTEROLOGY



GENERAL SURGERY



GYNAECOLOGY



OPHTHALMOLOGY



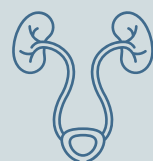
ORTHOPAEDICS



PHYSIOTHERAPY



PAIN
MANAGEMENT



UROLOGY



MENOPAUSE
CLINIC

Cardiology

Dr Nidal Maarouf

MD, MBBS, FRCP, M.D. Degree in Cardiology

Cardiac Arrhythmia, Heart Failure Management and Complex Devices

Only undertakes self-pay and private medical insurance

Cosmetics

Mr James Haeney

MA, MB BCh, MRCS, FRCS(Plast)

Cosmetic & Plastic Surgery, speciality in Skin Cancer and Hand Surgery

Miss Noemi Kelemen

MD, MSC, FRCS (PLAST)

Plastic and Reconstructive Surgery

Mr Ashutosh Kotwal

MBBS, MS, FRCS Ed, FRCS Plast

Breast reconstruction, perineal reconstruction and skin cancer

Mr Muhammad Riaz

BSc, MBBS, FRCSI, FRCS (Glasg), FRCS Ed, FRCS (Plast)

Consultant Plastic and Reconstructive Surgeon

Dermatology

Dr Prakash Gowda

MBBS, MD(Derm), DD(Glasgow)

Dermatology

Ear, Nose, Throat

Mr Art Connolly

FRCS, FRCS(ORL), MSC, BM BCH

Consultant ENT - Ear, nose and throat

Only undertakes self-pay and private medical insurance

Mr Ganapathy Danaseker

MMedSci, FRCS (ORLHNS), FRCS (Oto), DNB-1, MBBS, PALS, ATLS, PLAB

Consultant ENT and Thyroid Surgeon - Thyroid Surgery, Endoscopic sinus surgery / rhinoplasty

Gastro-Enterology

Dr Palani Babu

MBBS India, MRCP, UK, FRCP, CCST in Gastroenterology & General Medicine

Consultant Physician and Gastroenterologist

Dr Shazad Sarwar

MBBS, MCPS, MRCP (Ireland), MRCP (UK)

Consultant Gastroenterologist

General Surgery

Mr Syed Ahmad

MBBS, FRCS, FRCS(GEN)

Consultant General and Colorectal Surgeon - Laparoscopic Surgery, Bowel Cancer Screening, Inguinal hernia repair under local anaesthesia.

Mr Srinivasan Balchandra

MBBS MS (General Surgery) MD FRCSI FRCS (G Surgery)

Consultant Upper GI & Bariatric Surgeon - General Surgery / Upper GI

Mr Sridhar Dharamavaram

MBBS, MS, MRCS (Edin) FRCS (Edin), FEBS (Euro)

Consultant General / Colorectal Surgeon - General / Colorectal Surgery

Mr Martin Gough

MBChB Dundee 1995 MD Sheffield 2005 FRCS

Consultant General Surgeon - Upper Gastrointestinal Surgery

Mr Kishore Sasapu

MBBS, FRCS, MS(Surgery), FRCS (ed)

Consultant Colorectal and General Surgeon - Colorectal surgery.

Mr Mike Tilston

MBBS, FRCS

Consultant General and Upper Gastrointestinal Surgeon - General Surgery / Upper Gastrointestinal Surgery

Gynaecology

Mr Mohammed Abdullah

MBChB, MSC, MRCOG

Consultant Gynaecologist - Gynaecology

Miss Pooja Balchandra

MD, MRCOG

Consultant Urogynaecologist and Obstetrician - General Surgery / Upper GI

Mr Ibrahim Bolaji

MBBS, FRCPI, FRCOG, PGCME, MD

Consultant Obstetrician and Gynaecologist - acute gynaecology, early pregnancy, minimally invasive surgery and infertility

Miss Preeti Gandhi
MBBS, MD, FRCOG

Consultant Gynaecologist- Gynaecology

Mr Chin Ho Gan
MD, MRCOG

Consultant Gynaecologist - Gynaecology

Mr Mahadeva Manohar
MBBS, Master of Surgery, MRCOG, BSCCP Accreditation, FRCOG

Consultant Obstetrician and Gynaecologist - abdominal, vaginal, laparoscopic and hysteroscopic procedures

Menopause Clinic

Mr Silas Gimba
MBBS, MSc, FRCOG MBA (Merit) MSCP

Menopause Specialist - symptoms related to midlife health issues holistically, prioritising the patients' well-being.

Opthamology

Mr Sakkaf Aftab

MBBS, MRCOphth (London), FRCS (Edinburgh), Fellowship in Medical and Surgical Retina (Centre of Eye Research, Melbourne,Australia), Postgraduate Certificate in Medical Education

Consultant Ophthalmologist.

Mr Abdallah Ellabban
FRCS, PhD, Msc, MBBCH

Consultant Ophthalmologist - Cataract Surgery, Retinal Surgery, Macular Degeneration

Mr Mohit Gupta
MBBS, FRCOphth

Consultant Ophthalmologist - Glaucoma

Orthopaedics

Mr Sairam Alavala (Lower Limb)

MBBS, FRCS- Eng, FRCS-Ire, Dip SICOT-Trauma & Orthopaedics, FRCS u2013 Trauma & Orthopaedics, ECDL

Consultant Orthopaedic Surgeon - Orthopaedics / lower limb

Mr Prasad Antapur (Lower Limb)

MBBS, MRCS (Glas), FRCS (Tr&Orth) (Glas)

Consultant Orthopaedic Surgeon - Lower limbs

Mr Jose (Pepe) Bunola (Lower Limb)

FRCS (Tr & Ortho), Cardiff May 2003, FRCS (Glasg) June 1997, LMS University of Barcelona 1989

Consultant Orthopaedic Surgeon - Orthopaedics, lower limb, knee surgery and sports injuries

Mr Iain Chambers (Lower Limb)

MB. ChB, FRCS (Trauma & Orthopaedics)

Consultant Orthopaedic Surgeon - lower limb arthritis, bunions and carpal tunnel syndrome

Mr Sandeep Datir (Lower Limb)

MBBS, MS Orth, DNB Orth, McH Orth, FRCS Orth

Consultant Orthopaedic Surgeon - Primary and revision total hip replacement, Primary total knee replacement, knee arthroscopy, hip arthroscopy, joint injections, SuperPath hip replacement

Mr Carl Fenton (Lower Limb)

MBBS (Hull York Medical School 2008) MSc (university of Edinburgh 2012) FRCSEd (Trauma and Orthopaedics 2020)

Orthopaedic Consultant

Mr Nikhil Nanavati (Lower Limb)

MBBS, MRCS FRCS (Tr & Orth) MSc Orth Eng (Merit)

Consultant Orthopaedic Surgeon - Orthopaedics, lower limb and general trauma

Mr Daniel Omonbude (Lower Limb)

MBBS, MRCSEd, FRCS (Tr & Orth)

Consultant Orthopaedic Surgeon - Lower limb arthroplasty

Mr Ricardo Pacheco (Lower Limb)

MBBS, MS Ortho, FRCS (Tr & Orth), PhD, bio MRCSEng, FIMSA

Consultant Orthopaedic Surgeon - total and partial knee replacement, patellofemoral surgery, complex arthroscopic knee ligament reconstruction and meniscal repair, cartilage procedures and sports injuries surgery.

Mr Rohit Rambani (Lower Limb)

MBBS, MS Ortho, FRCS (Tr & Orth), PhD, bio MRCSEng, FIMSA

Consultant Orthopaedic Surgeon - Hip and knee arthroplasty and Sports Surgeon

Mr Aravind Desai (Upper Limb)

MBBS, M.S. (Orth), MRCS, MSc, MCh (Orth), FRCS Tr & Orth

Consultant Orthopaedic Surgeon - Sports injuries of the shoulder and elbow and treating conditions such as rotator cuff tears, instability and impingement. Joint replacement of the shoulder and elbow for arthritis and trauma.

Mr Prabhakar Motkur (Upper Limb)

FRCS Tr & Ortho, FRCS Glasg, MS Ortho, MBBS

Consultant Orthopaedic Surgeon - Upper limbs and shoulders

Mr Jacob Der Tavitian (Upper Limb)

MB ChB, FRCS Ed, FRCS (Tr & Ortho)

Consultant Orthopaedic Surgeon - Upper limbs

Pain Clinics

Dr Akhtar Muhammad Nauman

FFPMRCA, FCAI, FCPS, MRCA, MCPS, M.B.B.S

Chronic Pain Management, Anaesthesia,

Radiology

Dr Joseph Alex

FRCR (Royal College of Radiologists), MD (Hull University; Cardiothoracic surgery research), MRCS (Royal College Surgeons, Edinburgh), CCBST (Royal College of Surgeons), MBBS (University of Kerala), USMLE, PLAB, IELTS

Consultant Radiologist - Musculoskeletal radiology, Thoraco-abdominal cross sectional imaging, Ultrasound, Fluoroscopy and Interventional Radiology. His specialist registrar training for Radiology was undertaken within the Severn Deanery and Yorkshire Deanery.

Dr Ajay Dabra

MD, FRCR, Bachelor of Medicine, Bachelor of Surgery.

Consultant radiologist with special interest in MSK and GI radiology.

Dr Nawa Subwayambe

Consultant radiologist

Rheumatology

Dr Amir Alvi

MBBS, CCT, FRCP, MRCP

Consultant Rheumatologist - Rheumatoid arthritis, knee pain, back pain, connective tissue disorders including Lupus, Vasculitis, Osteoarthritis, Psoriatic Arthritis, Polymyalgia Rheumatica, Myositis and soft tissue rheumatology including Fibromyalgia.

Only undertakes self-pay and private medical insurance.

Dr Tim Gillott

MB ChB, MRCP, FRCP

Consultant Rheumatologist - Osteoporosis, management of disorders of the musculo-skeletal system, ie. bones, muscles, joints, tendons

Only undertakes self-pay and private medical insurance.

Dr Bela Szebenyi

MD Budapest 1980, specialist in internal medicine 1985, specialist in rheumatology 1989,. MD 1980, MRCP 1989, CCST 1984

Consultant Rheumatologist - rheumatoid arthritis, systemic vasculitis, polymyalgia rheumatica and osteoarthritis.

Only undertakes self-pay and private medical insurance.

Urology

Mr Muzaffar Chaudhary Ahmad

Urology Consultant - Urinary tract stone disease, urinary tract cancers, treatment of benign diseases of the urinary tract and endourology.

Mr Jorge Clavijo

MBBS, FRCSGlasg, MSc. (Urol), FRCS Urol

Urology Consultant - urinary tract stone disease, urinary tract cancers, treatment of benign diseases of the urinary tract and endourology.

Spinal Surgery

Mr Bhavsar Amar

B.Sc Neurosciences, M.B.B.S. (London), M.R.C.S. Ed, F.R.C.S. Ed (SN).

Spinal Surgery Specialist

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